

**FFURFLEN GWIRFODDOLI HWB GYMUNEDOL LLANDEILO**

**LLANDEILO COMMUNITY HUB VOLUNTEER FORM**

Enw / Name .....

Cyfeiriad /Address .....

Dyddiad geni / Date of birth .....

Rhif ffôn / Telephone number .....

Cyfeiriad e Bost / Email address.....

*Please return the form to the reception area at Hengwrt, 8 Carmarthen Street, Llandeilo, SA19 6AE. This will be forwarded to the relevant person. Thank you*

*Dychwelwch y ffurflen i'r derbynfa yn Hengwrt, 8 Heol Caerfyrddin, Llandeilo, SA19 6AE. Bydd hwn yn cael ei danfon ymlaen at y person perthnasol. Diolch*

**Diolch am ddangos diddordeb i fod yn wirfoddolwr gyda Hwb Cymunedol Llandeilo. Cyn i ni barhau gyda'r cais mae angen i ni wybod mwy amdanoch chi. Gallwn eich sicrhau na fyddwn yn rhannu'r wybodaeth yma heb eich caniatad chi.**

**Thank you for showing an interest in becoming a volunteer for Llandeilo Community Hub, before we progress with your application, we need to know a little more about you. Be assured your details will not be shared with anyone unless you give permission.**

Hoffem wybod mwy am eich sgiliau a pha ddiddordebau sydd ganddoch chi. Byddwch gystal a nodi isod y meysydd sydd o ddiddordeb i chi er mwyn ein cynorthwyo i adnabod, ar y cyd gyda chi, cyfleoedd addas i chi gynorthwyo trwy wirfoddoli, arwain neu fynychu.

We would like to know a little more about your skills and what interests you have, if you could list areas you are interested in that would help us to identify (with you) areas within Llandeilo that you could volunteer with/lead/attend.

Fy niddordebau yw : / My interests are:

Mae gen i sgiliau / brofiad yn y meysydd canlynol: / I have skills/ experience in the following areas:

Hoffwn sefydlu'r canlynol yn Llandeilo: / I would like to set up the following in Llandeilo:

Os ydych chi eisoes wedi adnabod agweddau o waith yr Hwb Gymunedol y byddai diddordeb ganddoch chi i wirfoddoli â nhw, nodwch hynny trwy osod 'tic' yn y bocs perthnasol

If you have already identified areas of the Community Hub are you interested in volunteering with? Please tick the boxes that interest you.

- Cymdeithas Plant ac Ieuencid Llandeilo / Llandeilo Children and Youth Society
- Grwp Gwirfoddoli Cynnal a Chadw Parciau / Park maintenance volunteer group
- Casglu Sbwriel / Litter Picking (TACLO)
- Cymorth Llandeilo i Wcrain / Llandeilo Ukraine Help
- Hwb Fwyd Llandeilo / Llandeilo Food Hub/BOCS BWYD
- Gwyl y Synhwyrâu Llandeilo / Llandeilo Festival of Senses
- Cyfeillgarwch gyda phobl sydd angen cwmni / Befriending those who may need company

**Gwirfoddoli yn gyffredinol i gefnogi cymdogaion sydd angen cymorth achlysurol / General volunteering to support neighbours who may need occasional help:**

- Cerdded cwn / Dog walking
- Siopa / Shopping
- Garddio syml / Basic gardening
- Casglu meddiginiaeth ayyb /Collections of prescriptions etc

Hoffwn wirfoddoli yn y meysydd canlynol sydd o ddiddordeb i mi / I would like to volunteer in the following area that interests me .....

A oes ganddoch chi unrhyw anabledd y bydd angen i ni ei ystyried er mwyn eich cynorthwyo i wirfoddoli ? / Do you have any disabilities that we need to consider to assist you to volunteer?

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A fydddech chi'n fodlon gwneud gwiriad DBS pe bai angen hynny er mwyn gwirfoddoli mewn rhyw faes penodol / Would you be prepared to undertake a DBS to enable you to volunteer in certain roles?

- Byddwn / Yes  Na fyddwn / No
- Ydych chi'n siarad Cymraeg / Do you speak Welsh  Ydw/Yes  Nac ydw /No

Ag eithrio Cymraeg a Saesneg, ydych chi'n gallu siarad unrhyw iaith arall ? / Do you speak another language other than Welsh or English? .....